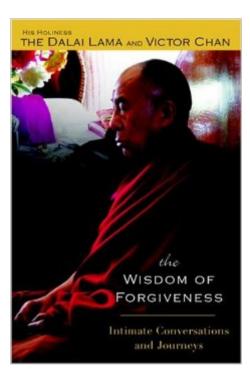
## The book was found

# **The Wisdom Of Forgiveness**





### Synopsis

This is the extraordinary documentation of the evolving friendship between the Dalai Lama and the man who followed him across Ireland and Eastern Europe, on a pilgrimage to India's holy sites, and through the Dalai Lama's near fatal illness. On this remarkable journey Victor Chan was awarded an insight into His Holiness-his life, his fears, his faith, his compassion, his day-to-day practice-that no one has reported before. We've heard the public voice of His Holiness-now we are invited to listen in on his personal explorations, and to take instruction on the Tibetan art of living.

#### **Book Information**

Paperback: 272 pages Publisher: Riverhead Books; Riverhead Trade Paperback Edition edition (August 2, 2005) Language: English ISBN-10: 1594480923 ISBN-13: 978-1594480928 Product Dimensions: 5.5 x 0.7 x 8.2 inches Shipping Weight: 8.8 ounces (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (42 customer reviews) Best Sellers Rank: #492,561 in Books (See Top 100 in Books) #75 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Dalai Lama #2513 in Books > Self-Help > Spiritual #8990 in Books > Self-Help > Personal Transformation

#### **Customer Reviews**

There is a Hasidic story that tells how some devoted students followed their Rebbe (a Hasidic teacher and spiritual master) as closely as they could during the course of a day -- not only to classes and meals, but at home, shopping trips, in the bedroom, in the bathroom and the like. One of the students was asked what purpose this attention served during the times the Rebbe was not engaged in teaching. The Hasid replied that "I don't follow the Rebbe just to hear him teach. I follow him to learn how he ties his shoe-laces". I was reminded of this story in reading Victor Chan's account of his meetings with H.H. the Dalai Lama, the spiritual leader of Tibetan Buddhism. Mr. Chan wants to impress upon the reader the force of associating with a holy person. There is much to be learned from the contact with such a person, with observing his demeanor, small talk, daily routines and attitudes towards others. Spiritual growth and inspiration can be imparted from these contacts, just as with formal teachings.Mr. Chan first met the Dalai Lama in 1972 in a roundabout, virtually accidental way following his graduation from college. He subsequently became interested in

Buddhism and Tibet, writing a travel guidebook to the latter, and gaining the confidence and friendship of the Dalai Lama. Mr. Chan's book, "The Wisdom of Forgiveness" consists of nineteen short chapters in which he accompanies the Dalai Lama on various journeys, interviews him repeatedly and at length, and shares in his day-to-day activities. Thus, the book shifts from place-to-place as Mr Chan joins the Dalai Lama on trips to Ireland, Norway, on pilgrimages to Buddhist holy sites in India, and in the Dalai Lama's headquarters in Dharamsala, India.

There are so many books out featuring the Dalai Lama's face on the cover. But after reading even a few lines, it becomes apparent that this one is different. Like the holy man himself, this book has a warm heart. It's a surprisingly easy and wholly engaging read, a rich story rather than dense teachings weighted down by abstruse Buddhist terminology. Through the eyes of Victor Chan, friend and confidant of His Holiness, we are invited to become intimately acquainted with the Dalai Lama. We follow the leader of the Tibetan people as he travels extensively, encountering world leaders, visionaries and other highly appointed and influential individuals. We join Chan as the proverbial fly on the wall, gaining privileged access into the public and private world of one of the greatest men of our times. For those who are Buddhists and familiar with the teachings of the Dalai Lama, this book brings them just that much closer to gaining spiritual insight and a fuller understanding of a man they love. For the rest of us, it introduces a person whose wisdom is directly relevant to our lives, a man who speaks a universal language and offers hope for a world plagued with poverty, war and injustice. Chan deftly weaves each chapter with vivid anecdotes and lively dialogue. As a storyteller, he is first rate. He shows us how the Dalai Lama interacts and relates with others. We observe the monk's immense capacity for joy, his sense of playfulness and mirth, his humility and honesty. At the same time, we gain an inkling of the depth of his humanity; we learn of his personal spiritual milestones; we read accounts and are inspired by his unwavering commitment to the tenets of selflessness, peace, compassion, and forgiveness.

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